

# Organic Avocado Ripeness Chart



## Stage 1

**Hard**  
Firm and green in color.

25 + lbs.  
of pressure

## Stage 2

**Pre-Ripened**  
Small degree of give. Ready to eat in 2 days in room temperature.

15-25 lbs.  
of pressure

## Stage 3

**Pre-Conditioned**  
Ready to eat in 3 days in room temperature.

10-15 lbs.  
of pressure

## Stage 4

**Ready to Eat**  
Great for slicing.  
Fully ripe in 1 day at room temperature.

5-10 lbs.  
of pressure

## Stage 5

**Fully Ripe**  
Great for mashing.

5 lbs.  
of pressure